



The Tai Chi Union for Great Britain

- Festival of Chinese Internal Arts -

Sunday 25 March 2007

10.00 – 17.00

Coseley School & Leisure Centre, Henne Drive, Bilston, West Midlands Midlands WV14 9JW

This special one-day workshop features some of the TCUGB's longest-established professional Instructors and a specially invited delegation of high-ranking officials direct from China.

- Workshops -

Internal Drills & Applications

Simon Watson

10.30 - 11.20

Push Hands to Chin Na

Mark Peters

Taiji Kungfu Fan

Faye Li Yip

11.20 - 12.10

5 Loosening Exercises

Altair de Almeida

Xingyiquan

Peter Warr

12.10 - 13.00

Push Hands

Bob Burke

Chinese Internal Art

Special Chinese Guest

14.00 - 14.50

Push Hands

Ronnie Robinson

Chinese Internal Art

Special Chinese Guest

14.50 - 15.40

Becoming Tai Chi,

Not Just Doing it

Richard Farmer

16.00 - 16.50

A series of Demonstrations by our Chinese Guests & TCUGB Members

Attending the Event

This special event has been arranged for members of the TCUGB and other interested parties. Space is limited so it is advisable to pre-book, although admission may be possible at the door.

Cost

The event has been priced to encourage as many TCUGB members to be part of this special day.

£30 per day or £40 for non-TCUGB members.

Teas, Coffees & Lunch will be provided.

Booking

To reserve a place email: Ronnie Robinson, TCUGB Promotional Manager at promo@taichiunion.com or call 0141 810 3482

Bookings may also be made through these instructors who are teaching on the day.

Shop

There will also be a shop selling DVDs, Weapons and various accessories for Chinese Internal Arts.



Getting There:

Coseley School & Leisure Centre is on Henne Drive, Bilston, West Midlands WV14 9JW close to Birmingham New Road (A4123) where to turn off to Ivyhouse Lane (Visit www.streetmap.co.uk)