



Tai Chi & Qigong Union for Great Britain

www.taichiunion.com



Issues 64 is here and can be viewed online at <http://taichimag.org> and click the [cover image](#) of the issue you want to read. This issues includes:

- [Letter from the chairman](#)
- [Cheng Man Ching and Sung](#)
- [Dan Docherty Tai Chi Journey](#)
- [Dan Docherty tributes](#)
- [The future of tai chi](#)
- [The importance of weapons training](#)
- [Yin Yang in qigong](#)
- [Tai Chi for health](#)
- [The internal art](#)
- [Meet the teacher](#)
- And more...

Please note, the site is http not https so some browsers flag a safety warning; it is nothing to worry about as the site doesn't collect personal details and doesn't sell anything, it's just google tightening up. We will be moving server as the magazine project develops.

We are already compiling content for issue 65 and look forward to receiving your submissions. Email them to us at editor@taichimag.org

2022 Tai Chi & Qigong Union Calendar

Members should have received their FREE copy of our new TCUGB calendar. It is available to purchase online, in a desk or wall-hanging format, so let your friends and students know. The images used were submitted by members, and we've included a selection of events, both national and international.

<https://www.askonline.shop/products/tcugb-calendar>



Interested in becoming a TCUGB Board member?

We are looking for additional directors to join the board and help develop the TCUGB. Some members have already applied, which shows us there is interest in helping develop our future. Details for application can be found at <https://bit.ly/3dyciLo> or by emailing treasurer@taichiunion.co.uk . **Closing date 28th February.**

Tai Chi for health related research project

Are you, or do you know a PHD student in a position to consider a Tai Chi for health related research project? The TCUGB Health Committee would love to hear from you and to help you out. Contact us at <https://www.taichiunion.com/health-committee/>

Dan Docherty remembrance (1954-2021)

Most members know or know of Dan, he along with Nigel Sutton and other key players first formed the TCUGB in 1991. Issue 64 of TC&IA Journal includes an article and tributes to Dan. We have opened a remembrance page at <https://www.taichiunion.com/dan-docherty-1954-2021/>



Add your events

Please remember to add your events to the Union website to let members and others know. It's a FREE service as part of your membership. Add your events at <https://www.taichiunion.com/event-listings/>

Is it time to review your grade?

Maybe a new year means a fresh start. Maybe you've been at the same grade you joined the Union at so now is the time to consider applying for an upgrade. Details can be found at <https://www.taichiunion.com/instructor-grades/>

Maybe it's also time to have a fresh look at your listing on the website. I'm surprised how many members haven't even included contact details or clearly described what they do to help searchers find them. Currently there are also two types of instructor members: 'Health only' and 'Whole art - Health & Martial'; these are described on the grades page if you are unsure

<https://www.taichiunion.com/instructor-grades/>

To help, below is an example of nice clear listing:

Wal Eyre St. Austell, Bodmin, Falmouth, South and West

Club: Green Man Tai Chi

Grade: Advanced - whole art - health & martial

Description: All classes are mixed ability. Beginners are always welcome and can start at any time. All classes are 1.5 hours long and consist of set of warm up exercises, inc. silk reeling, Qi gong, form practice and partner work. More advanced students can move onto weapons training if they wish. More information can be found on Facebook and YouTube under greenmantaichi.

Internal Styles taught: Yang Style Tai Chi

Tai Chi Weapons taught: Sabre, Staff, Fan

Qigong systems taught: 5 elements, Yi Jin Jing

Other aspects taught: tui shou (pushing hands), da lu

Please send details of any listing update requests to enquires@taichiunion.com

Let's all look forward to a new year and new start; a year to grow and share in the arts we all love so much.

Best regards,

Mark Peters, Chairman

On behalf of the board of TCUGB

<https://www.taichiunion.com/>

twitter: <https://twitter.com/TaiGreat>

facebook:

page: <https://www.facebook.com/tcugb>

open group:

<https://www.facebook.com/groups/uktaichiqigongandinternalarsttcugbopenforum>

members only group:

<https://www.facebook.com/groups/1273194333034852>